



Saku Educational Institutes
Saku University, School of Nursing



Administrative Office

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Message from the President

The School was founded in April, 2008 in response to the overwhelming need for higher nursing education in Saku City, Nagano prefecture, where the rural health care enjoys an international reputation for quality.

The University's mission is to provide leadership to further improve the health care of individuals, families, communities through nursing education, research and practice. Five key words for this school are Humanity, Health, Globalism, Education and Nursing.

We are waiting to welcome applicants with pioneering spirits.



President, Saku University

Fuki Horiuchi,

堀内 ふき

Mission

Saku University School of Nursing offers a four-year undergraduate curriculum leading to a Bachelor's Degree in Nursing. Graduates are qualified to sit the National Board Examinations for nurses and public health nurses administered by the Government of Japan (MHLW). In addition to classroom study and clinical practice, the curriculum enhances student education through community involvement and on-site training at several area health-care facilities. Students enrolled in the master's program learn research skills and advanced application methods.

Philosophies and Purposes

The University is dedicated to the fostering of an environment of intellectual excitement and an educational climate that stimulates both faculty and students.

Emphasis is placed on the advancement and dissemination of knowledge as a center of learning concerned with the arts and humanities, the study of human nature, human relationships and the knowledge and skills necessary for constructive participation in the nursing profession. The University engages the international community and supports a wide range of overseas exchange opportunities. Relations are also maintained with other regional and national institutions for the purpose of sharing resources, teaching, and research.



Historical Background

- 1988 Shinshu Junior College was established
- 2006 Care & Welfare Division was founded in the Sinshu Junior College
- 2008 Baccalaureate School of Nursing was established
- 2009 Midwifery Program was established
- 2012 Master's Program in Nursing was established



The School of Nursing

is the only private school of higher nursing education in Nagano, created in 2008. The University is located in Saku City, Nagano which has a population of 100,000.

Now the programs were expanded to Master of Science in Nursing, and Midwifery program.

As of the end of May 2013, total of 369 undergraduate students are enrolled. Seventeen percent of them are male students. There are 15 professors, 8 associate professors, 3 lecturers, 13 assistant professors, and 8 assistants.

The graduate of the school of nursing are qualified to sit for the National Board Examinations for Registered Nurses and Public Health Nurses.



School of Nursing Program

The school of nursing offers a four-year baccalaureate degree. Curriculum consists of Liberal Arts (10 credits required, 14 credits elective), Nursing Science (95 credits required, 6 credits elective) for total 125 credits or more.

Curriculum

Understanding of Humanity (freshman year to sophomore year)

Philosophy, Ethics, Moral Education, Human Relationships, Human Behavior, Environmental Issues, Lifestyle and Health, Japanese Language, English Language, etc.

Understanding of Society (freshman year to sophomore year)

Law and Society, Family Relationships, Global Health, Life and Culture, etc.

Health Science (sophomore year)

Mechanism of Life, Physical Structure and Functions, Diseases / Clinical Conditions, Genetics, Aging, Dietary Behavior, Healthcare and Welfare

Nursing Development (freshman year to sophomore year)

Fundamental Nursing, Nursing Theory, Physical Assessment, Nursing Process, Nursing care for daily life, Nursing Ethics, etc.

Nursing to Clinical nursing (junior year to senior year)

Adult Health Nursing, Gerontological Nursing, Maternal Health Nursing, Child Health Nursing, Mental Health and Psychiatric Nursing, Community Health Nursing, International Nursing, Nursing Information, Nursing Research, etc.

Campus Calendar

April	Enrollment Ceremony, Spring Semester begins
July	End of Spring Semester
August– September	Summer Vacation
October	Fall Semester begins
December– January	Winter holidays
February	End of Fall Semester
March	Graduation Ceremony



The Graduate School of Nursing

has the two years program mainly for registered nurses, offered on a full time and also extended study program basis.

Five Graduate positions are available in 2017 with eligibility open to local and international students.

Graduation requirement : More than 30 credits and thesis required.

Curriculum Streams

1. International Nursing
2. Nursing Education
3. Nursing Administration
4. Maternal & Child Health Nursing
5. Adult Health Nursing
6. Gerontological & Psychiatric Nursing
7. Community & Home Health Nursing



The Midwifery program

is one-year curriculum for registered nurses to sit for the National board Examination in midwifery.



Global Connections

Saku University has established The International Exchange and Education Center in 2017 to lead regional and international education and research exchanges preparing human resources in global age. And Saku University has set up Memorandums with following four universities as of April 1, 2018; “Kent State University, USA,” “National Burapha University, Thailand,” “Pham Ngoc Thach University of Medicine, Viet Nam,” and “National Taipei University of Nursing and Health Sciences, Taiwan.”



Scholarship and Financial Support

The students can apply for the scholarship and financial support to the some foundation like International Nursing Foundation of Japan (INFJ), an organization like The Japan Ministry of Education (MEXT), and Japan International Cooperation Agency (JICA).

For more information, write to admission@saku.ac.jp

Location

Nagano Prefecture

Located amidst the Japan, Nagano Prefecture is known for its natural beauty and the longevity of its people. Mountaineering in summer, skiing in winter and hot spring in any seasons are popular activities. Saku City is easy to access from Tokyo by Bullet train. A climate is temperate, averaging 10 degree Celsius in the winter and 24 degree Celsius in summer.

More than 25% of the prefecture's population is over 65 year old and the vast majority is healthy. The average life span is 88 years for men and 87 years for women (2015).

Ninety eight percent of graduates from Saku University secured primarily hospital-related employment in Nagano Prefecture. Alliances with regional hospitals and clinical learning institutions provides strong community ties and outstanding training relations, particularly in rural community health care.

In Nagano Prefecture, there are 8 colleges and universities. The universities which joined in the Shinshu-consortium share and collaborate in teaching activities.



Saku University,
Located in Saku city,
Nagano-pref, Japan
80minutes far from Tokyo by
Shinkansen train



From Sakudaira station to Saku university
5 minutes by school bus/ taxi
15-20 minutes walk